Break the Code – Fasting
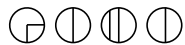
Use the code below to complete Jesus' instructions on fasting from the Sermon on the Mount (Matthew 6:16-18).

KEY

A	B	C	D	E	F	G	H	I	J	K	L	M

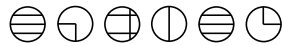| N	O	P	Q	R	S	T	U	V	W	X	Y	Z

16 "And when you **fast**, don't put on a

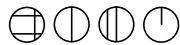**sad** face like the hypocrites. They distort

their faces so **people** will know they are fasting. I

assure you that they have their **reward**. 17 When you fast,

brush your hair and **wash** your face. 18 Then you won't look

like you are **fasting** to people, but only to your **father**

who is present in that **secret** place. Your Father who

sees in secret will **reward** you.