

A "First Aid" Kit of Psalms

Help your pupils study the Psalms and build a "first aid" kit of verses to help in times of trouble.

Example:

Ever have an embarrassing moment?

Ps 25:20

O keep my soul, and deliver me: let me not be ashamed; for I put my trust in thee.

Is cheating a challenge?

Ps 25:21

Let integrity and uprightness preserve me; for I wait on thee.

Sunburn?

Ps 121:6

The sun shall not smite thee by day, nor the moon by night.

Afraid to go to bed at night?

Ps 4:8

I will both lay me down in peace, and sleep: for thou, Lord, only makest me dwell in safety.

Concerned about health?

Ps 67:2

That thy way may be known upon earth, thy saving health among all nations.

Afraid?

Ps 56:3

What time I am afraid, I will trust in thee.

Ps 56:11

In God have I put my trust: I will not be afraid what man can do unto me.